

SCREENING FOR KINDERGARTEN THROUGH GRADE 12

(including high school students over 18)

This checklist applies for all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If you have traveled outside Canada in the last 14 days, follow the Government of Canada Travel, Testing, Quarantine and Borders instructions, including any requirements for exempt travelers related to attending highrisk environments.

If within the last 10 days, your child has been notified by Public Health that they are a case of COVID-19, they are required to isolate as per Public Health instructions.

Screening Questions for Children under 18:

1.	<p>Has your child been a household contact of a case of COVID-19 in the last 14 days?</p> <p>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.</p>	YES	NO
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If the answer is “YES” AND they are NOT fully immunized:

- Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms. If your child has symptoms, proceed to question 2.

If the answer is “NO” to question 1, proceed to question 2

2.	<p>Does the child have any new onset (or worsening) of the following core symptoms:</p>		
	<p>Fever Temperature of 38 degrees Celsius or higher</p>	YES	NO
	<p>Cough Continuous, more than usual, not related to other known causes or conditions such as asthma</p>	YES	NO
	<p>Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma</p>	YES	NO
	<p>Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders</p>	YES	NO

If the answer is “YES” to any symptom in question 2:

- The child is required to isolate for 10 days from onset of symptoms as per the current CMOH Order **OR** receive a negative COVID-19 test and feel better before returning to activities.

- Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If the answer is “NO” to all of the symptoms in question 2, proceed to question 3.

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3.	Does the child have any new onset (or worsening) of the following other symptoms:		
	Chills Without fever, not related to being outside in cold weather	YES	NO
	Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
	Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
	Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
	Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel	YES	NO
	Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	NO
	Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	NO
	Headache Not related to other known causes/conditions, such as tension-type headaches or chronic	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO	

If the answer is “YES” to ONE symptom in question 3:

- Keep your child home and monitor for 24 hours.
- If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended.

If the answer is “YES” to TWO OR MORE symptoms in question 3:

- Keep your child home.
- Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

If the answer is “NO” to all questions:

- Your child may attend school, childcare and/or other activities.

Please Note: If your child is experiencing any symptoms from the list above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

SCREENING FOR 18 YEARS AND OLDER

This tool's purpose is to support Albertans in protecting others and reducing the risk of transmission of COVID-19. Adults 18 years and older can complete this checklist every day to self-monitor for symptoms of COVID-19.

If you have traveled outside Canada in the last 14 days, follow the Government of Canada Travel, Testing, Quarantine and Borders instructions, including any requirements for exempt travelers related to attending highrisk environments.

If within the last 10 days, you have been notified by Public Health that you are a case¹ of COVID-19, you are required to isolate as per Public Health instructions.

Screening Questions for Adults 18 Years and Older:

1.	Have you been a household contact of a case of COVID-19 in the last 14 days? A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who is a caregiver.	YES	NO
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If you answered "YES" AND you are NOT fully immunized :

-You should stay home for 14 days from the last day of exposure and monitor for symptoms. If you have symptoms, proceed to question 2.

If you answered "NO" to question 1, proceed to question 2

2.	Do you have any new onset (or worsening) of the following symptoms:		
	- Fever	YES	NO
	- Cough	YES	NO
	- Shortness of breath	YES	NO
	- Runny Nose	YES	NO
	- Sore Throat	YES	NO
	- Chills	YES	NO
	- Painful Swallowing	YES	NO
	- Nasal Congestion	YES	NO
	- Feeling unwell/fatigue	YES	NO
	- Nausea / vomiting / diarrhea	YES	NO
	- Unexplained loss of appetite	YES	NO
	- Loss of sense of taste or smell	YES	NO
	- Muscle / joint pain	YES	NO
	- Headache	YES	NO
	- Conjunctivitis (commonly known as pink eye)	YES	NO

If you answered "YES" to any symptom:

-Stay home.

-Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If you have fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell you are required to isolate for 10 days as per the current CMOH Order OR receive a negative COVID-19 test and feel better before returning to activities

If you answered "NO":

-You may attend work, school, and/or other activities.